

HOME SUPPORT SERVICES

BASHAW MEALS ON WHEELS (BDSS)

Box 568, Provincial Building, Main Street; BDSS office., Bashaw, T0B 0H0

Phone: 780-372-4074 Fax: 780-372-3951

bdss1@telusplanet.net

Hours: Mon-Fri 9:00 am-4:30 pm

Fees: \$6.00 per meal

A hot nutritious noon meal, delivered 5 days per week by volunteers. BDSS Program - can issue tax receipts.

CAMROSE & DISTRICT HOME SUPPORT SOCIETY

#3, Community Centre, 4516-54 St., Camrose, T4V 4W7

Phone: 780-672-0141 Fax: 780-672-2833

cdss7@telusplanet.net

www.camrosefcss.ca

Hours: Mon-Fri, 8:30am-4:30pm

Fees: Sliding scale based on income

Provides experienced personnel to assist individuals and families with homemaking, shopping, meal preparation and emotional support. Priorities are socially isolated persons with insufficient support systems such as family, friends, or other agencies actively involved with the client; individuals who are frail and/or confused and families under stresses such as illness (physical or mental), marital or parenting difficulties. These services are meant to be preventive and supportive in nature. Funded by CDSS.

CAMROSE MEALS ON WHEELS

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Phone: 780-672-0141 Fax: 780-672-2833

cdss7@telusplanet.net

www.camrosefcss.ca

Hours: Mon-Fri, 8:30am-4:30pm

Fees: Hot Meal Program - \$7.15/meal. Frozen meals -\$5.85/each.

a) Hot Meal Program - Nutritious meals delivered at noon, prepared by the dietary staff at Rosehaven,

delivered to your door by volunteers. Meal consists of soup or salad, main course and dessert. Meals can be ordered up to 7 days/week to suit each client.

b) Frozen Food Program - main courses for pick up. Meals prepared without additives or preservatives. Delivery arrangements may be made for Camrose residents if on the hot meal program. Delivery to village and county residents by arrangement. Funded by CDSS.

GOOD SAMARITAN TELECARE

8861 - 75 Street, Edmonton, T6C 4G8

Phone: (780)431-3630 Fax: (780)433-2003

Toll-free: 1-800-676-8397

telecare@gss.org

www.gsstelecare.org

TeleCare offers a simple waterproof button that you wear on your wrist or around your neck. Anytime, day or night, you may press your TeleCare button to call for help. Even if you can not speak, help will be sent. TeleCare offers many devices to help you live safely in your home; including stove monitoring, fall detectors, heat and water detectors, motion sensors and medication reminders.

INTEGRATED LIFESTYLES INC.

R.R. #2, Box 5, Site 5, Camrose, T4V 2N1

Phone: 780-672-4709 or 780-679-8158 Fax:

780-672-8103

Toll-free: 1-866-672-4709

integrated@syban.net

www.integratedlifestyles.ca

Hours: Mon.-Fri., 7:00 - 5:00

Residential Cleaning

PHILIPS LIFELINE

Fax: 1-800-313-9764

Toll-free: 1-800-543-3546

brochures@lifeline.ca

www.lifeline.ca

Hours: Admin Hours: 8:00 am - 8:00 pm Eastern Standard Time

Fees: Cost may vary according to your location; call 1-800-543-3546 & ask about subsidy options. AB

Seniors Benefit program may fund 100% of cost.

Lifeline is an easy to use personal response service that lets you summon help any time of the day or night, even if you can't speak. All you have to do is press your Personal Help Button, worn on a wristband or pendant, and a trained Personal Response Associate will ensure you get help fast. In partnership with the Bethany Group.

PLAN IT CONSULTING INC.

1, 4825 - 51 St., Camrose, T4V 1R9

Phone: 780-672-0063/780-781-4013 Fax:

780-672-9703

planit@telus.net

www.planitconsult.ca

Fees: Vary with service

A) In-home support/household management; monitoring care; visiting; personal management.

B) Community Support - shopping; appointments; attending church; accessing community events/day trips/holidays; accessing recreation and leisure services.

C) Respite - giving caregivers a break. All services provided through companionship and friendship.