

COUNSELLING SERVICES

AIDS / HIV SERVICES

Toll-free: 1-800-772-2437

Provide counselling/referrals for persons living with AIDS / HIV or for their families.

CARMEN PERSON M.A. RCC, CCC, CLINICAL COUNSELLING SERVICES

Phone: 780-679-2333, ext. 1

Hours: Afternoon & evening appointments.

Fees: Sliding Fee Scale

Personal and relationship counselling; pastoral counselling; short and long term counselling; trauma psychotherapy; EMDR

CATHOLIC SOCIAL SERVICES

5206 - 51 Ave., Wetaskiwin, T9A 0V4

Phone: 780-352-5535 Fax: 780-352-3190

www.catholicsocialservices.ab.ca

Provides therapeutic counselling to individuals, couples and families using individual, joint and group therapy. Services are provided to people of all faiths and cultures.

COMMUNITY COUNSELLING CENTRE

#202, 10534 - 124 St., Edmonton, T5N 1S1

Phone: 780-482-3711 Fax: 780-488-9407

communitycounsellingcentre@shaw.ca

<http://www.communitycounsellingcentre.ca>

Hours: Flexible daytime /evening hrs Mon - Fri

Fees: Sliding fee schedule

Counsellors provide individual, couple and family counselling on all issues. We also provide marriage preparation and marriage enrichment programs, bereavement support, Art Therapy, and Focusing-oriented Therapy. Our mandate is to offer quality counselling to all individuals. Our clients are seen within a week of intake.

COVENANT HEALTH ST. MARY'S HOSPITAL PSYCHIATRY UNIT

4607-53 St., Camrose, T4V 1Y5

Phone: 780-679-6131 Fax: 679-6139

www.stmaryscamrose.com

Provides a wide range of in-patient and out-patient services through a team comprised of a psychiatrist, psychologist, registered psychiatric nurses, and registered nurses. A) **OUTPATIENT WALK-IN CLINIC HOURS:** Tues only 8:30am-4:00pm. NO APPOINTMENT REQUIRED. SERVICES: Assessment, individual psychotherapy and referral to therapy group or to other agencies as appropriate. (Clinic is cancelled when the psychiatrist is away.) B) **ADULT GROUP PROGRAM SERVICES:** Self-esteem therapy group; stress management training; assertiveness training; eating disorders group; couples group (for dysfunctional marital and family units); anxiety panic group for panic disorders; and empowerment group for adult survivors of childhood sexual abuse. ENTRY TO ALL OF THESE GROUPS IS THROUGH THE PSYCHIATRIC WALK-IN CLINIC OR BY REFERRAL (679-6131)

HIV EDMONTON

9702 - 111 Ave, Edmonton, T5G 0B1

Phone: 780-488-5742 Fax: 780-488-3735

contact@hivedmonton.com

www.hivedmonton.com

Hours: 8:30 - 4:30 p.m., Mon. - Thur.; 8:30 - 2:00 Fri.

Closed for lunch 12:00-1:00

Health promotion, community action, education and prevention, harm reduction.

MCLEOD, NANCY M.ED., COUNSELLING PSYCHOLOGY; CERTIFIED HAKOMI THERAPIST

#22, 5405 - 39 Ave., Camrose, T4V 5B6

Phone: 780-672-8098 (Please leave a message.)

Hours: Early evenings (Mon./Wed./Thurs.)

Fees: \$100.00/hr.

Individual, couple, and family counselling; custody and divorce mediation; mind/body/spirit therapy; grief

and trauma counselling; and personal and career coaching. Private and confidential.

NATIVE COUNSELLING SERVICES OF ALBERTA

#108 Provincial Bldg. 5201 - 50 Ave., Wetaskiwin, T9A 0S7

Phone: 780-352-2461 Fax: 780-352-2466

wetaskiwin@nca.ca

www.nca.ca

Hours: 8:30 - 4:30; closed during lunch.

Fees: All services are provided free of charge and are status blind.

Assists Aboriginal families in the courts when action has been taken by children's services authorities regarding the welfare of children. Also promotes the fair and equitable treatment of Aboriginal people in the Criminal Justice System. Wetaskiwin Court workers cover courts in Wetaskiwin, Ponoka, (Camrose, Breton - on call only).

NOLA SHARP M.A. (CAND.) PASTORAL COUNSELLOR

Phone: 780-679-2333 ext. 2

Hours: Daytime & some evening appointments.

Fees: Sliding Fee Scale

Offers long & short term counselling in the areas of individual, couple & family counselling.

PFEIFER, LUCILLE M.SC. (COUNSELLING PSYCHOLOGY)

4802 - 50th Ave., Camrose, T4V 1X8

Phone: 780-672-6961 Fax: 780-672-6861

Hours: Mon. 11:00 am - 5:00 pm; Tues. & Thurs. 1:00 - 8:00 pm; Wed. & Fri. - by special arrangement.

Fees: \$70.00/hour

Offers personal, family and marriage counselling.

SAMM I AM COUNSELLING SERVICES, HELEN SAMM

#4, 4825 - 51St., Camrose

Phone: 780-672-4300

Hours: Daytime and evening hours

Fees: Sliding Fee Scale

Individual, couple and family counselling.

SOLUTIONS PSYCHOLOGICAL

5610 - 49 Ave., T4V 0N9

Phone: 780-672-9296 Fax: 780-672-3626

Hours: By appointment only. Mon. - Sat., & some weekday evenings.

Fees: \$180/session. Private extended health insurance may assist with this fee.

Professional counselling, therapy & evaluation for individuals & families. Counselling & therapy available for children (age 3+), adolescents, adults & seniors. Relationship counseling for couples, & intergenerational relationships (parents & offspring.) Specialized treatment for psychological trauma & abuse. Annie Syed, M.Sc., Registered Psychologist; (672-9296)

THE OPEN DOOR - COUNSELLING

Main Floor, Gateway Centre 4825-51 St., Camrose, T4V 1R9

Phone: 780-679-6803 Fax: 780-679-6880

info@camroseopendoor.com

www.camroseopendoor.com

Hours: Office - Mon. - Fri. 9:00 - 5:00 p.m., 24 hour helpline - 679-4357; Appointments - Mon. & Tues.

Registered Psychologist & Interim Therapist(s) serve individuals and families who need counselling services, but who do not have the financial resources to acquire services on a private basis. Designed to deal with emotional, family relationship or other concerns. Priority given to youth & families.

THE SUPPORT NETWORK

400 - 10025 - 106 St., Edmonton, T5J 1G4

Phone: 780-482-0198 Fax: 780-488-1495

www.thesupportnetwork.com

Hours: Inquire by phone about morning, afternoon & evening hours.

Provides information and/or support services to individuals and families in need. Operates 24/7



The Help Book - A Guide to Human Services

by Camrose and District Support Services

<http://www.camrosecss.ca/>

Distress Line, Senior's Abuse Helpline and 211.

Offers family violence, suicide awareness, suicide intervention, bereavement, communication skills, and information and referral education; suicide bereavement and caregiver support; Walk-In Counselling (sliding fee scale); On-line Crisis Support - visit www.thesupportnetwork.com.

WILTON PSYCHOLOGICAL SERVICES INC.

Phone: 780-608-0776

Terry Wilton, Registered Psychologist, is no longer accepting new clients.