



**CAMROSE AND DISTRICT  
SUPPORT SERVICES**

2nd. Floor, 4516 - 54 St.  
Camrose AB T4V 4W7  
Phone: 780-672-0141  
cdss2@telusplanet.net  
[www.camrosefcss.ca](http://www.camrosefcss.ca)

**Signi Bruner, SIRC  
Consultant, is  
available on a  
part-time basis to  
meet with people  
one-on-one for up to  
3 (free) one-hour  
consultation  
sessions. Please call  
780-672-0141 to be  
referred to Signi.**

## **Supportive Information & Referral Counselling**

- **No Cost Supportive Information & Referral Counselling is available if you:**
- **Have been affected by the current economic downturn and need information on what services and programs may benefit you to maintain your wellbeing.**
- **Need someone to talk to, one-on-one, who will direct you to appropriate services, including shared ideas on preparing for the referral, what to anticipate, etc.**
- **New to Camrose.**
- **Need information on subsidies for recreation programs, day care, afterschool care.**
- **Need supportive listening.**
- **Struggling with anything ... we can help you find a referral best suited for your needs.**

**Supportive Information & Referral Counselling**

**Call 780-672-0141**